

# 2nd Annual Illusions Invitational

Host Club: Illusions Rhythmic Gymnastics Club

**GCG Provincial Stream, Provincial Interclub,  
Interclub Stream and Special Olympics  
May 13 & 14, 2017**

## Bulletin # 1

*March 2017*

Illusions Rhythmic Gymnastics Club is excited to host the 2nd annual Illusions Invitational.

Enclosed is the registration package for the **competition**.

Please complete the registration package and send the **Preliminary Registration Form by Friday, April 7, 2017**.

Should you have any questions, please feel free to contact me by email at [president@illusionsgymnastics.com](mailto:president@illusionsgymnastics.com).

Yours truly,

**Gail Baird**  
President, Illusions Rhythmic Gymnastics Club

<b>DATE</b>	<b>Saturday, May 13th and Sunday, May 14th, 2017</b>					
<b>TENTATIVE SCHEDULE</b>	Saturday 8:00am – 6:00pm Competition Sunday 8:00am – 4:00pm Competition					
<b>DEADLINES</b>	Preliminary Registration Form: <b>Friday, April 7<sup>th</sup>, 2017</b> Registration Form and Registration Fee: <b>Friday, April 28<sup>th</sup>, 2017</b> The digital music submission <b>Friday, April 28<sup>th</sup>, 2017</b> <b>Please email Preliminary Registration Form to  Gail Baird - president@illusionsgymnastics.com</b>  <b>Please email digital music submission (MP3 only) to  Julie Jeffery - technicaldirector@illusionsgymnastics.com</b>  <b>Registration Form and Registration Fee can be mailed to  Illusions Rhythmic Gymnastics Club  7 Windrock Drive, Bedford, NS B4A 3E5</b>					
<b>COMPETITION VENUE</b>	<b>Bedford Hammonds Plains Community Center (BHPCC)</b> 202 Innovation Drive Hammonds Plains, NS					
<b>FACILITY &amp; EQUIPMENT</b>	Ceiling Height – Competition and warm up gym heights are approx. 30 feet. Competition Carpet – Mitufa Beige carpet on wooden subfloor					
<b>CLUB CONTACT</b>	Gail Baird E-mail: president@illusionsgymnastics.com					
<b>MEET DIRECTOR</b>	TBC					
<b>JUDGE RESPONSIBLE</b>	Julie Jeffery E-mail: technicaldirector@illusionsgymnastics.com					
<b>FORMAT</b>	GCG Provincial Stream, Provincial Interclub, Interclub & Special Olympics.					
<b>TECHNICAL INFORMATION GCG PROVINCIAL STREAM</b>	<b>PROVINCIAL STREAM INDIVIDUAL</b> by 2017 GCG Provincial Stream Individual Program					
	<b>Level</b>	<b>Age</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>
	Level 1	7 to 8	N/A	Free, Rope	N/A	N/A
	Level 2	9 to 10	Free, Rope	Free, Ball	Free, Hoop, Choice (Rope or Ball)	N/A
	Level 3	9 to 11	Free, Hoop	Free, Rope, Ball	Free, Hoop, Ball	Free, Ball, Ribbon, Choice (Rope or Hoop)
	Level 4	10 to 13	Free, Ball	Free, Hoop, Choice	Hoop, Ribbon, Choice	Free, Rope, Ball, Clubs
	Level 5	13 to 15	Free, Rope, Ribbon	Ball, Ribbon, Choice	Rope, Clubs, Choice	N/A
	Level 6	15 & up	Ball, Hoop, Choice	Ball, Clubs, Choice	Ribbon, Hoop, Choice	N/A
	<b>PROVINCIAL STREAM GROUPS</b> by 2017 GCG GO Provincial Stream Group Program					
	<b>Level</b>	<b>Age</b>	<b>Categories</b>		<b>Apparatus</b>	
	Level 1	7 to 8 yrs old	Duo, Three / Four, Five		Free	
	Level 3	9 to 11 yrs old	Duo, Three / Four, Five		Ball	
	Level 4	11 to 13 yrs old	Duo, Three / Four, Five		Rope or Ribbon	
Level 5	13 to 15 yrs old	Duo, Three / Four, Five		Ribbon or Ball		
Level 6	15 yrs & older	Duo, Three / Four, Five		Ribbon or Clubs and Hoop 2 Clubs / 1 Hoop; 6 Clubs / 2 Hoops		

<b>MUSIC SCRIPTS</b>	<p>Scripts for <b>FREE ROUTINE LEVEL 2C, 3C, 3D, 4D</b> and Novice only are due by <b>April 28<sup>h</sup>, 2017</b>.</p> <p>Please email <b>mp3</b> files via any of the major file share services (e.g. dropbox, google drive, skydrive) or send a memory stick <b>by Friday, April 28<sup>h</sup>, 2017</b></p> <p><b>The digital music submission format:</b>  <b>INDIVIDUAL:</b>  <b>Full First name followed by Last name</b> of gymnast as registered--<b>Apparatus – Level - Club</b>  <b>Example: Susan Hillier-Hoop-L3-Rhythmic Inspirations</b></p> <p><b>RG GROUPS:</b>  Level - Group size and Apparatus-Club name  <b>Example: L3grp-4Ball-RhythmicInspirations</b></p> <p><b>As a back-up, Coaches are asked have a CD copy available for each file at the Competition.</b></p>
<b>REGISTRATION FEE</b>	<p>\$50.00/gymnast</p> <p>Registration fees are non-refundable.</p>
<b>TO REGISTER</b>	<p>Please complete the attached registration form and send to Gail Baird: <a href="mailto:president@illusionsgymnastics.com">president@illusionsgymnastics.com</a>.</p> <p>The hard copy of registration and cheque payable to: Illusions Rhythmic Gymnastics Club</p> <p>Please send to:  <b>ILLUSIONS RHYTHMIC GYMNASTICS CLUB</b>  <b>ATTN: Meghan Milloy</b>  <b>7 Windrock Drive</b>  <b>Bedford, Nova Scotia, B4A 3E5</b></p>

<b>TECHNICAL INFORMATION PROVINCIAL INTERCLUB STREAM</b>	<b>PROVINCIAL INTERCLUB INDIVIDUALS</b> by 2017 Ontario Interclub Stream Individual Program					
	Level 1	7 to 8	Free	<b>pparatus 1</b>	<b>pparatus</b>	Athletes in Levels 2-5 have a CHOICE of EITHER Apparatus 1 or Apparatus 2. Athletes can perform both routines per competition however, no overall awards will be awarded. Awards will be given separately for each routine. Level 2 has the choice to compete with Ball or Rope and Free (max 2 routines).
	Level 2	9 to 10	Free	Rope	Ball	
	Level 3	9 to 11	Ball	Hoop		
	Level 4	10 to 13	Hoop	Rope		
	Level 5	13 to 15	Ball	Ribbon		
	Level 5 Star	13 & up	Choice of Apparatus (not free)			
	Level 6 15 & up		Choice of Apparatus (not free)			
	<b>PROVINCIAL INTERCLUB GROUPS</b> by 2017 Ontario Interclub Stream Group Program					
	<b>Level</b>	<b>Age</b>	<b>Categories</b>		<b>Apparatus</b>	
	Level 1	7 to 8 yrs old	Duo, Three / Four, Five		Free	
	Level 2	9 to 11 yrs old	Duo, Three / Four, Five		Hoop	
	Level 3	11 to 13 yrs old	Duo, Three / Four, Five		Rope	
Level 4	13 to 15 yrs old	Duo, Three / Four, Five		Ribbon		
Level 5	15 yrs & older	Duo, Three / Four, Five		Choice of Apparatus		
<b>REGISTRATION FEE</b>	<b>Individuals one routine :</b> \$25.00/gymnast <b>plus group routine</b> \$35.00/gymnast <b>Individuals two routines:</b> \$35.00/gymnast <b>plus group routine</b> \$45.00/gymnast <b>Group Only:</b> \$25.00/gymnast					
<b>TO REGISTER</b>	Please complete the attached registration form and send to Gail Baird: <a href="mailto:president@illusionsgymnastics.com">president@illusionsgymnastics.com</a> .  The hard copy of registration and cheque payable to: Illusions Rhythmic Gymnastics Club  Please send to: <b>ILLUSIONS RHYTHMIC GYMNASTICS CLUB</b> <b>ATTN: Meghan Milloy</b> <b>7 Windrock Drive</b> <b>Bedford, Nova Scotia, B4A 3E5</b>					

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Host Club: Illusions Rhythmic Gymnastics Club

PRELIMINARY REGISTRATION FORM

**GCG Provincial Stream**

**May 13 & 14, 2017**

Club Name	
Contact Name	
Address	
Phone	
E-mai address	
Coaches	
Judges	

PLEASE COMPLETE THIS PRELIMINARY  
REGISTRATION FORM BY **April 7<sup>th</sup>, 2017**  
AND RETURN TO GAIL BAIRD

Email: [president@illusionsgymnastics.com](mailto:president@illusionsgymnastics.com)

GCG Provincial Stream			
Level	Individual	Group Level	2, 3/4, 5
1		1	
2		3	
3		4	
4		5	
5		6	
6			

# 2nd Annual Illusions Invitational

## PRELIMINARY REGISTRATION FORM

### Provincial Interclub, Interclub Stream and Special Olympics May 13 & 14, 2017

Club Name	
Contact Name	
Address	
Phone	
E-mai address	
Coaches	
Judges	

PLEASE COMPLETE THIS PRELIMINARY  
REGISTRATION FORM BY **April 7<sup>th</sup>, 2017**

AND RETURN TO GAIL BAIRD

Email: [president@illusionsgymnastics.com](mailto:president@illusionsgymnastics.com)

Provincial Interclub Stream			
Level	Individual	Group Level	2, 3/4, 5
1		1	
2		2	
3		3	
4		4	
5 & 5STAR		5	
6			

Interclub Stream			
	Individuals	Groups	
Total Number		Total Number	Duo
			3
			4
			5

Special Olympics	
Individuals	
1 routine	
2 routines	
3 routines	
4 routines	